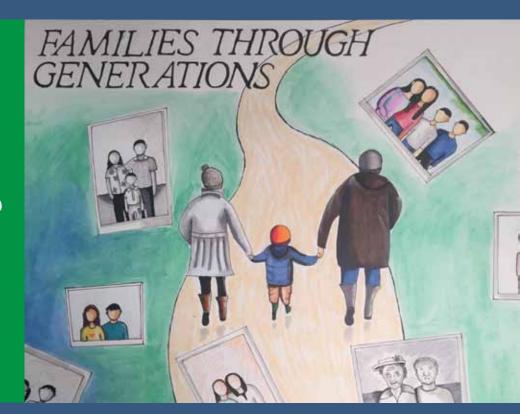
# ChildSupport. It's more than just money.



2017







#### Families...

are built generation to generation, and parents often look to their families for guidance in raising their children. Families and their histories can provide a strong foundation and a support system – especially for young parents as they strive to provide a stable, healthy and loving environment for their children. The New Jersey Department of Human Services' Division of Family Development is committed to helping families understand and develop the skills needed for the success of current and future generations.

In publishing this calendar and sponsoring the annual Teen Media Contest, we encourage middle and high school students to think about the responsibilities parents have and the commitment it takes to be a good parent. We hope that the calendar will help students and their parents communicate and collaborate to strengthen their family bonds.

The theme of the 2016 contest, "Families That Grow Through Generations," encourages middle and high school students to show how every person comes from something bigger than themselves and to express what past generations mean to their families today. The artwork featured on the pages of the calendar reflect the students' interpretation of this theme. Each calendar month also includes parenting tips, quotes and thoughts on family. We hope they inspire parents to support the wellbeing of their children.

Congratulations to all the winners of this year's contest and to all the parents who are doing their best to support their children. For more information on the New Jersey Child Support Program, call 1-877-NJKIDS1 or visit njchildsupport.org.

Natasha Johnson Director, New Jersey Division of Family Development







#### 2016 Teen Media Contest Winners

#### **HIGH SCHOOL**

1st place: Courtney Culp

Piscataway Township HS

2<sup>nd</sup> place: Jamie Ramos

Piscataway Township HS

3rd place: Samra Shakeel

Union County Vocational-Technical HS

#### MIDDLE SCHOOL

1st place: Eden Quan

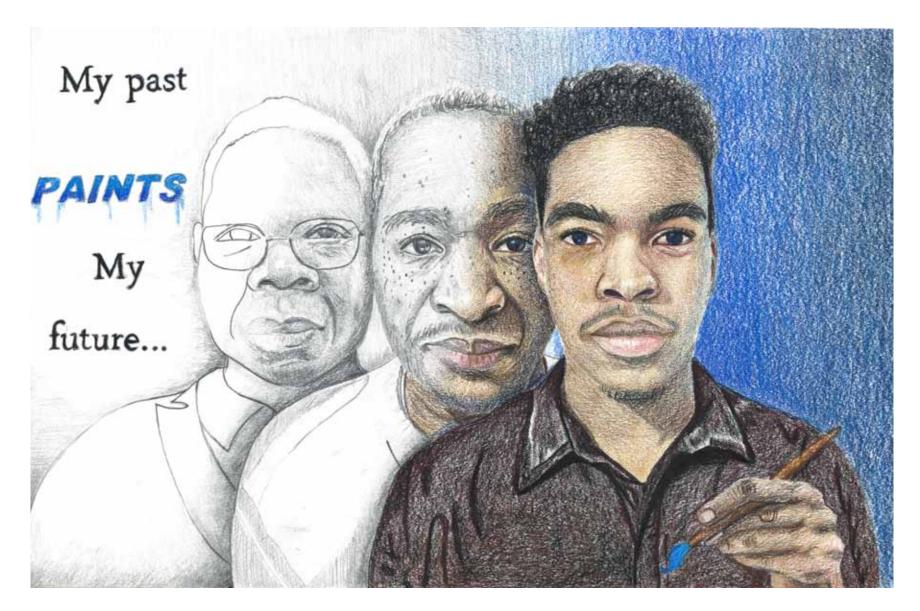
Heritage Middle School

2<sup>nd</sup> place: Karen Hu

Heritage Middle School

3rd place: Manveer Kaur

Academy 1 Middle School





1st place HIGH SCHOOL Courtney Culp



### JANUARY 2017

			DECEMBER 2016						
				1	2	3			
4	5	6	7	8	9	10			
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			

			FEE	BRUA	ARY	2017
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

"In every conceivable manner, the family is link to our past, bridge to our future." -Alex Haley, Author

Learn about your family history and share it with your child – or learn about it together. Knowing where he came from can give your child roots, help him to see he's part of a larger world, and understand his part in it.

sun	mon	tues	wed	thurs	fri	sat
New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	Martin Luther King Day	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				









#### FEBRUARY 2017

		JANUARY 2016						
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30	31						

			MARCH 2017					
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30	31			

What are your favorite childhood memories? What impact did they have on you? What feelings do they stir as you think about them? Whether it's a family outing, help with homework, or reading a bedtime story, remember that small moments today will create lasting memories for your child.

sun	mon	tues	wed	thurs	fri	sat
			1	2	3	4
				Groundhog Day		
5	6	7	8	9	10	11
		<b>"</b>				' '
12	13	14	4.5	10	17	10
12	13	<b>  14</b> 	15	16	17	18
Lincoln's Birthday		Valentine's Day				
19	20	21	22	23	24	25
	Presidents' Day		Washington's Birthday			
26	27	28				





2<sup>nd</sup> place HIGH SCHOOL **Jamie Ramos** 



#### MARCH 2017

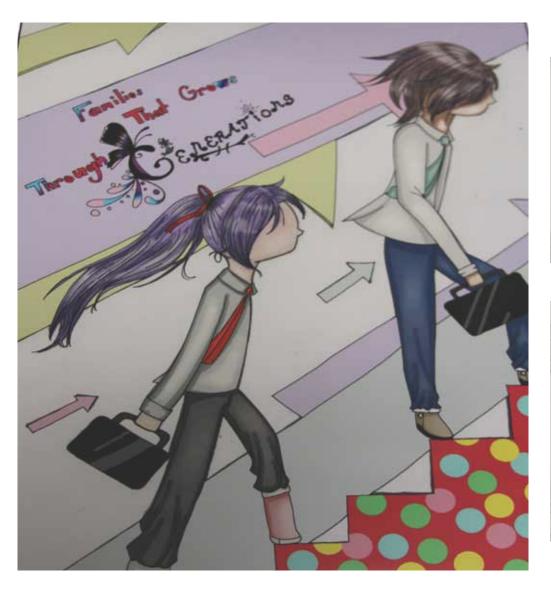
		FEBRUARY 2017						
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28						

				AF	PRIL	2017
						1
2	3	4	5	6	7	8
9	19	11	12	13	14	15
			19			
23 /30	24	25	26	27	28	29

"There is no doubt that it is around the family and the home that all the greatest virtues, the most dominating virtues of humans, are created, strengthened and maintained."

-Winston Churchill, British Prime Minister

sun	mon	tues	wed	thurs	fri	sat
			Ash Wednesday	2	3	4
5	6	7	8	9	10	11
Daylight Savings Time Begins	13	14	15	16	17 St. Patrick's Day	18
19	First Day of Spring	21	22	23	24	25
26	27	28	29	30	31	









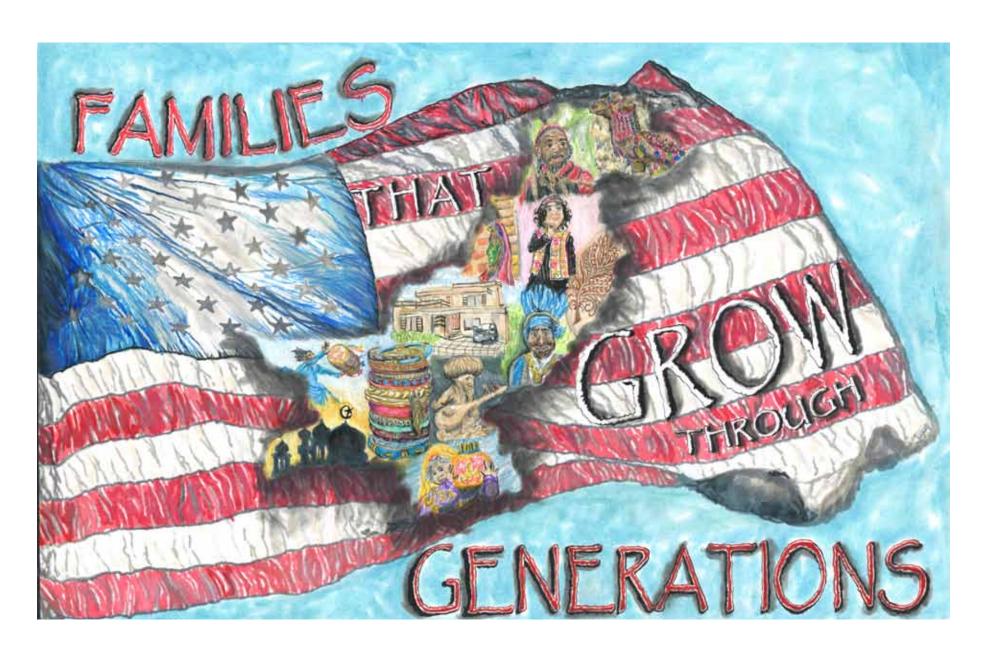
#### **APRIL 2017**

MARCH 2017							
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		
				N	ЛΑΥ	2017	
	1	2	3	4		2017	
7	1 8	2 9			5	6	
7	8	9	10	4	5	6	
-	8 15	9 16	10 17	4 11	5 12 19	6 13 20	

MADOLLOGAZ

There is no manual for parenting. People tend to learn their parenting style from their own parents. Just as your children look to you to be a role model, you look to your own family – parents, grandparents, aunts and uncles – for parenting advice and guidance. Identify and emulate their best methods, but also trust your instincts. Remember that your children are likely to copy your parenting style.

sun	mon	tues	wed	thurs	fri	sat
						1
						April Fool's Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
Palm Sunday	Passover Begins				Good Friday	
16	17	18	19	20	21	22
Easter						Earth Day
23	24	25	26	27	28	29
/ 30						



3<sup>rd</sup> place HIGH SCHOOL **Samra Shakeel** 



#### MAY 2017

				APRIL 2017				
						1		
2	3	4	5	6	7	8		
9	19	11	12	13	14	15		
		18						
23 /30	24	25	26	27	28	29		

				JL	JNE	2017
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

"The only rock I know that stays steady, the only institution I know that works, is the family." -Lee Iacocca, Auto Executive

Children need a safe environment. They need to trust that they're loved and protected. Give them a sense of emotional security by listening to them, acknowledging their feelings, and letting them know that they can always rely on you to support and care for them.

sun	mon	tues	wed	thurs	fri	sat
	1	2	3	4	5 Cinco de Mayo	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26 Ramadan Begins	27
28	29  Memorial Day	30	31			











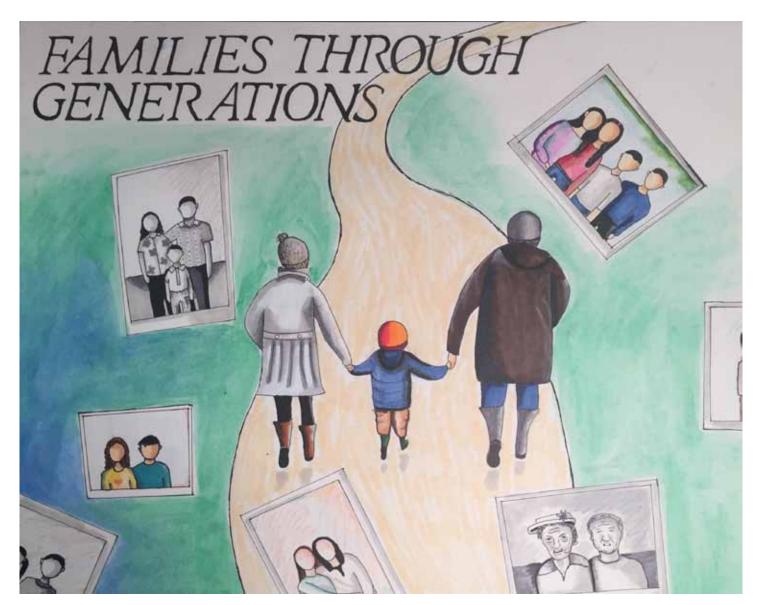
### JUNE 2017

				MAY 2017					
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

				JI	ULY	2017
						1
2	3	4	5	6	7	8
9	19	11	12	13	14	15
			19			
23/	/ 24 ) /31	25	26	27	28	29

"Feelings of worth can flourish only in an atmosphere where individual differences are appreciated, mistakes are tolerated, communication is open, and rules are flexible - the kind of atmosphere that is found in a nurturing family."
-Virginia Satir, Author/Social Worker

sun	mon	tues	wed	thurs	fri	sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19	20	First Day of Summer	22	23	24
25	26	27	28	29	30	





1<sup>st</sup> place MIDDLE SCHOOL **Eden Quan** 



### JULY 2017

				JUNE 2017				
				1	2	3		
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19	20	21	22	23	24		
25	26	27	28	29	30			

		AUGUST 2017						
		1	2	3	4	5	_	
6	7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31				

"There are only two lasting bequests we can hope to give our children. One of these is roots, the other, wings."
-Hodding Carter, Journalist/Politician

Independence can help children get over fears, learn to take risks and become more responsible. Help your child become more independent – and start with the little things. Encourage them to do things for themselves as they are able, such as putting their PJs on and picking up after themselves. As they grow, continue to challenge them to do more.

sun	mon	tues	wed	thurs	fri	sat
						1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 / 31	25	26	27	28	29











## AUGUST2017

				J	ULY	2017
						1
2	3	4	5	6	7	8
9	19	11	12	13	14	15
			19			
23 / /30	24 /31	25	26	27	28	29

	SEPTEMBER 2017							
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		

"We inherit from our ancestors gifts so often taken for granted. Each of us contains within us this inheritance of soul. We are links between the ages, containing past and present expectations, sacred memories and future promise."

-Edward Sellner, Author

sun	mon	tues	wed	thurs	fri	sat
		1	2	3	4	5
6 Friendship Day	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





2<sup>nd</sup> place MIDDLE SCHOOL **Karen Hu** 



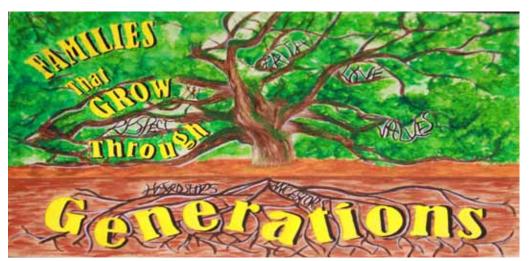
#### SEPTEMBER 2017

		AUGUST 2017					
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

			OCTOBER 2017							
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
28	30	31								

As your child goes to child care and school, she will start making friends, many of whom will be very different from her. Teach her to be accepting, inclusive and respectful. Let her know that each person and each family is unique, and encourage her to learn about and celebrate that uniqueness.

sun	mon	tues	wed	thurs	fri	sat
					1	2
3	4	5	6	7	8	9
	Labor Day					
10	11	12	13	14	15	16
Grandparents Day						
17	18	19	20	21	22	23
			Rosh Hashannah Begns		First Day of Autumn	
24	25	26	27	28	29	30
					Yom Kippur Begins	











#### OCTOBER 2017

	SEPTEMBER 2017							
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		

			NOVEMBER 2017							
			1	2	3	4				
5	6	7	8	9	10	11				
12	13	14	15	16	17	18				
19	20	21	22	23	24	25				
26	27	28	29	30						

- "Family faces are magic mirrors looking at people who belong to us, we see the past, present, and future."
- -Gail Lumet Buckley, Author

A family journal or yearbook is a great way to help your children preserve their memories and, later, share with their children. Note important milestones, occasions, get-togethers...include pictures, mementos and personal thoughts about the event. In addition to creating a family "heirloom," it's an opportunity to spend quality family time with your child.

sun	mon	tues	wed	thurs	fri	sat
1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31  Halloween				





3<sup>rd</sup> place MIDDLE SCHOOL **Manveer Kaur** 



#### NOVEMBER 2017

			OC	OCTOBER 2017						
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
28	30	31								

		DECEMBER 2017								
					1	2				
3	4	5	6	7	8	9				
10	11	12	13	14	15	16				
17	18	19	20	21	22	23				
24	25	26	27	28	29	30				

- "The family is one of nature's masterpieces."
- -George Santayana, Philosopher/Writer

Families come in all shapes, sizes and colors. Each is unique, and includes different personalities. Talk with your child about your extended family and ask him what makes each member special. Help him establish his role in your family by encouraging interactions and relationships. Let him see his family as a lifelong supportive community.

sun	mon	tues	wed	thurs	fri	sat
			1	2	3	4
Daylight Savings Time Ends	6	7  Election Day	8	9	10	11 Veterans Day
12	13	14	15	16	17	18
19	20	21	22	23 Thanksgiving	24	25
26	27	28	29	30		













#### DECEMBER 2017

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
			JA	NUA	ARY	2018
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7	1 8		3	4		6
7 14	8	9	3 10	4	5	6
-	8	9 16	3 10 17	4 11 18	5 12	6 13 20

**NOVEMBER 2017** 

Many of us have family traditions that have been handed down through generations. Family traditions give children a sense of belonging; they help build and maintain connections between generations. Keep those traditions alive with your children, and, consider starting some new ones. Help create family memories your children pass on to their own children.

sun	mon	tues	wed	thurs	fri	sat
					1	2
3	4	5	6	7	8	9
10	11	12 Chanukah Begins	13	14	15	16
17	18	19	20	21 First Day of Winter	22	23
New Year's Eve 31	25 Christmas	26  Kwanzaa Begins	27	28	29	30





In addition to creating this calendar, the New Jersey Department of Human Services' Office of Child Support Services sponsors an ongoing advertising campaign to increase awareness of the importance of child support. Through digital and traditional media, we reach out to mothers and fathers across New Jersey with the message that "child support is more than just money." It's also time – and teaching, protecting, playing, mentoring – being there to care, share, celebrate and support. Call **1-877-NJKiDS1** or visit **www.njchildsupport.org.** 





